

Gedanken-Bilder

given



„In any given moment we have two options: to step forward into growth or to step back into safety“

(Abraham Maslow)

Gedanken-Bilder

gift



„Today is not just another day of your live, it's the one day that is given to you today - it's given to you, it's a gift“

(Brother David Steindl-Rast)

Gedanken-Bilder

grateful



„All that I am, all that I see, all that I´ve been and all that I´ll ever be - it´s a blessing, it´s so amazing, and I´m grateful for it all, for it all“

(empty hands music, Nimo)